



# F·E·A·S·T

## Dear Newest Member,

Welcome to F.E.A.S.T. and Around the Dinner Table (ATDT) Forum. If you are new to eating disorders I suspect that you are feeling overwhelmed and in shock. Here you will find information and compassion to help you and your loved one. Please know that recovery is truly possible for your loved one.

A few things to know:

The ATDT Forum is a service of F.E.A.S.T. (Families Empowered and Supporting Treatment of Eating Disorders.) Use of the Around the Dinner Table Forum (ATDT) is subject to [F.E.A.S.T.'s Terms of Use](#). F.E.A.S.T. is run by volunteers, we rely on individual donations from the community we serve and do not accept advertising or corporate sponsorship from eating disorder service providers. The F.E.A.S.T. website is dedicated to providing up-to-date, evidence-based information on eating disorders and treatment methodologies. Visit F.E.A.S.T. at [www.feast-ed.org](http://www.feast-ed.org).

The forum has few rules, however please note the following. ([Click here to see the complete Rules of the Forum.](#))

- Please treat all fellow members with kindness and civility.
- Anything you post will be available to anyone, anywhere, permanently. This is a public, searchable forum.
- If you post about specific people, treatment providers, or methods you can assume that the subject will read it.
- Advice given on forums is of variable quality and reliability. Assess the usefulness of any advice for your own purposes.
- When you feel that things have become overwhelming, please seek professional support. The forum is limited and cannot support caregivers "on the ground."
- Forum registration is for parents and adult caregivers only. Eating disorder patients are not allowed to post on the forum.
- Inappropriate registrations and posts by patients will be deleted, not because we don't care but because we do. Care advice should come from one's own parents and treatment providers, not strangers. If you are a patient and have inadvertently registered, we ask that you delete your registration or contact a Moderator to delete it for you.
- Clinicians and Professionals in the eating disorder field may register and post, but we ask that the conversation remain primarily between and in the service of parents and carers specific questions. Clinicians should refrain from marketing their services, and are

F.E.A.S.T. Families Empowered and Supporting Treatment of Eating Disorders

P.O. Box 1281, Warrenton VA 20188 USA

1-855-50-FEAST [feast-ed.org](http://feast-ed.org)



# F·E·A·S·T

asked to contact F.E.A.S.T.'s Outreach Director before posting any links to surveys, interview requests, or announcements.

- Clinicians who are also caregivers should clarify this relationship if posting for support as a caregiver.

[Please click here for access to the User Guide for the forum and FAQ.](#)

Please enjoy the forum, and keep us updated on your family's progress so others can learn from your experience.

**Best Wishes,  
Bronwen (Foodsupport\_AUS) Lead Moderator and ATDT Moderator Team,**

F.E.A.S.T. Families Empowered and Supporting Treatment of Eating Disorders

P.O. Box 1281, Warrenton VA 20188 USA

1-855-50-FEAST [feast-ed.org](http://feast-ed.org)