

# IMPROVING PROFESSIONALS' UNDERSTANDING OF EATING DISORDERS

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## QUESTIONS FOR SERVICE USERS

Please feel free to write as much as you wish  
and expand the spaces for your replies

Q1. What advice would you give to a health professional who is supporting someone who has an eating disorder?

Q2. What is most important thing that a professional can do when supporting someone who has an eating disorder?

Q3. What kind of relationship is most helpful for someone with an eating disorder to have with professionals/services?

Q4. What worries you the most about health professionals being involved in your life?

Q5. What is the worst thing about having an eating disorder?

Q6. What does having an eating disorder feel like?

Please start your answer with 'It feels like.....'.

Feel free to write one answer or many answers, each starting with 'It feels like...'

Q7. What does recovery from your eating disorder mean to you?

Please start your answer with 'It means.....'

Feel free to write one answer or many answers, each starting with 'It means....'.

## QUESTIONS FOR CARERS

Please feel free to write as much as you wish and expand  
the spaces for your replies

Q1. What advice would you give to a health professional who is supporting someone who has an eating disorder?

Q2. What is most important thing that a professional can do when supporting someone who has an eating disorder?

Q3. What kind of relationship is most helpful for the family of someone with an eating disorder to have with professionals/services?

Q4. What worries you the most about health professionals being involved in your life?

Q5. What is the worst thing about your loved one having an eating disorder?

Q6. What does supporting someone who has an eating disorder feel like?

Please start your answer with 'It feels like.....'.

Feel free to write one answer or many answers, each starting with 'It feels like...'

Q7. What does recovery from their eating disorder mean to you?

Please start your answer with 'It means.....'

Feel free to write one answer or many answers, each starting with 'It means....'.