

# CONFERENCE SCHEDULE AT A GLANCE



## EVENT MC

**Gordon Brockway**, Director  
Eating Disorders Families Australia  
07:00-07:15  
Sydney Time

## MORNING SESSION (LIVE)

**Food is Medicine: Why and How  
You Can Do This!**  
07:15-08:00  
Sydney Time

- Debra Katzman, MD, FRCP(C)
- Cipatli Ayuzo Del Valle, MD

**Distress Tolerance: Parental  
Superpowers**  
08:15-09:00  
Sydney Time

- Lucene Wisniewski, PhD, FAED
- Laura Collins Lyster-Mensh, MS

**Lifting Up Siblings: What They Need  
Most**  
09:15-10:00  
Sydney Time

- Bridget Whitlow, LMFT
- Kym Piekunka, Sibling Advocate and Educator

**COVID - 19 and Eating Disorders**  
10:15-10:45  
Sydney Time

- Jennifer L. Gaudiani, MD, CEDS-S, FAED
- Shannon Calvert, Lived Experience Professional

**SOCIAL TIME!**  
11:00-11:15  
Sydney Time

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**BREAK - PRERECORDED SESSIONS** 11:15-15:00

**Please note: The sessions listed on this page were pre-recorded and will not involve live interaction with the presenters or audience.**

## **A Circle of Safety: Preventing and Coping with Relapse**

- Sarah Ravin, PhD
- Tarah Martos, PhD

## **Eating Disorders During Pregnancy and Early Parenthood: A Guide for Carers**

- Olivia Donati Beech
- Rebecca Lister

## **Eating Disorders Complicated by Other Diagnoses**

- Rachel Bachner-Melman, PhD, FAED

## **Health at Every Size (HAES)**

- Rebecka Peebles, MD.

**End of prerecorded sessions  
Live sessions begin again at 15:00 Sydney Time**

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## AFTERNOON SESSIONS (LIVE)

- |   |                            |
|---|----------------------------|
| <b>International Conference on Eating Disorders Keynote and Key Players</b>   | 15:00-15:45<br>Sydney Time |
| <ul style="list-style-type: none"><li>• Janet Treasure, OBE PhD FRCP, FRCPsych<br/>Keynote Speaker - ICED 2020</li><li>• Elissa Matulis Myers, CAE IOM MA<br/>Academy for Eating Disorders, (AED)</li><li>• Anthea Fursland, PhD, FAED<br/>Australia &amp; New Zealand Academy for<br/>Eating Disorders (ANZAED)</li><li>• Laura Collins Lyster-Mensch, MS<br/>Families Empowered and Supporting<br/>Treatment of Eating Disorders<br/>(F.E.A.S.T.)</li><li>• Nicki Wilson, Moderator, Chairperson<br/>EDANZ, Vice Chair (F.E.A.S.T.)</li></ul> |                            |
| <b>Treatment Panel: To a "T" Comparing and Contrasting Four Treatment Approaches for Eating Disorders</b>   | 16:00-16:45<br>Sydney Time |
| <ul style="list-style-type: none"><li>• Cognitive Behavioral Therapy (CBT-ED): Glenn Waller, DPhil</li><li>• Dialectical Behavioral Therapy (DBT): Lucene Wisniewski, PhD, FAED</li><li>• Family-Based Treatment (FBT): Martin Pradel, BSW, McFT</li><li>• Temperament-Based Therapy with Supports (TBT-S): Stephanie Knatz-Peck, PhD</li><li>• Gordon Brockway, Moderator</li></ul>  |                            |

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## AFTERNOON SESSIONS (LIVE)

**Role of Families and Supports of Adults with an Eating Disorder** 17:00-17:45  
Sydney Time

- Belinda Caldwell, CEO Eating Disorders Victoria
- Ashlen Rollauer, Mental Health Nurse

**Recovery Panel - Stories of Hope and Inspiration - Recovery is Possible!** 18:00-18:50  
Sydney Time

- Shannon Calvert, Lived Experience Professional
- Mitch Doyle, Lived Experience Expert
- Rod McClymont, MD
- Bronwen Eldridge, Mother
- Nicki Wilson - Moderator

**END OF DAY CELEBRATION** 18:50-19:00  
Sydney Time

**Wrap Up**  
• Gordon Brockway, Event MC

**F.E.A.S.T.'s Future**  
• Daryl Madill, F.E.A.S.T. Board Chair

**Magic Plate Award**  
• June Alexander, PhD

**END OF NIGHT SOCIAL!** 19:00-19:30  
Sydney Time

**WE'D LIKE TO THANK THOSE  
WHO MADE THIS EVENT POSSIBLE**



MC: Gordon Brockway

Co-chairs: Nicki Wilson and Laura Collins Lyster-Mensch

Conference Slideshow: Kevin Dunn

Consultation and Support: Dawn Gannon & Scott Harlan

Event Management & Technology Support: Carlton W. Shutt & Ginger L. O'Brien, Kelley Smith, & Sarah Hundley from Premiere Hospitality

Equipment: Mark Mensch

Musical Playlist: Veronica

Program Design: Denise Robertson & Kym Piekunka

Scholarship distribution: Suzanne Baker & Lisa Burns

Zoom Technology Lead: Adam Brockway

**THANK YOU TO OUR PARTNERS**

