

CONFERENCE SCHEDULE AT A GLANCE



EVENT MC

Gordon Brockway, Director
Eating Disorders Families Australia
07:00-07:15
Sydney Time

MORNING SESSION (LIVE)

**Food is Medicine: Why and How
You Can Do This!**
07:15-08:00
Sydney Time

- Debra Katzman, MD, FRCP(C)
- Cipatli Ayuzo Del Valle, MD

**Distress Tolerance: Parental
Superpowers**
08:15-09:00
Sydney Time

- Lucene Wisniewski, PhD, FAED
- Laura Collins Lyster-Mensch, MS

**Lifting Up Siblings: What They Need
Most**
09:15-10:00
Sydney Time

- Bridget Whitlow, LMFT
- Kym Piekunka, Sibling Advocate and
Educator

COVID - 19 and Eating Disorders
10:15-10:45
Sydney Time

- Jennifer L. Gaudiani, MD, CEDS-S, FAED
- Shannon Calvert, Lived Experience
Professional

SOCIAL TIME!
11:00-11:15
Sydney Time

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BREAK - PRERECORDED SESSIONS 11:15-15:00

Please note: The sessions listed on this page were pre-recorded and will not involve live interaction with the presenters or audience.

A Circle of Safety: Preventing and Coping with Relapse

- Sarah Ravin, PhD
- Tarah Martos, PhD

Eating Disorders During Pregnancy and Early Parenthood: A Guide for Carers

- Olivia Donati Beech
- Rebecca Lister

Eating Disorders Complicated by Other Diagnoses

- Rachel Bachner-Melman, PhD, FAED

Health at Every Size (HAES)

- Rebecka Peebles, MD.

**End of prerecorded sessions
Live sessions begin again at 15:00 Sydney Time**

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AFTERNOON SESSIONS (LIVE)

- International Conference on Eating Disorders Keynote and Key Players** 15:00-15:45
Sydney Time
- Janet Treasure, OBE PhD FRCP, FRCPsych
Keynote Speaker - ICED 2020
 - Elissa Matulis Myers, CAE IOM MA
Academy for Eating Disorders, (AED)
 - Anthea Fursland, PhD, FAED
Australia & New Zealand Academy for
Eating Disorders (ANZAED)
 - Laura Collins Lyster-Mensch, MS
Families Empowered and Supporting
Treatment of Eating Disorders
(F.E.A.S.T.)
 - Nicki Wilson, Moderator, Chairperson
EDANZ, Vice Chair (F.E.A.S.T.)
- Treatment Panel: To a "T" Comparing
and Contrasting Four Treatment
Approaches for Eating Disorders** 16:00-16:45
Sydney Time
- Cognitive Behavioral Therapy
(CBT-ED): Glenn Waller, DPhil
 - Dialectical Behavioral Therapy (DBT):
Lucene Wisniewski, PhD, FAED
 - Family-Based Treatment (FBT):
Martin Pradel, BSW, McFT
 - Temperament-Based Therapy with
Supports (TBT-S):
Stephanie Knatz-Peck, PhD
 - Gordon Brockway, Moderator

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AFTERNOON SESSIONS (LIVE)

Role of Families and Supports of Adults with an Eating Disorder 17:00-17:45
Sydney Time

- Belinda Caldwell, CEO Eating Disorders Victoria
- Ashlen Rollauer, Mental Health Nurse

Recovery Panel - Stories of Hope and Inspiration - Recovery is Possible! 18:00-18:50
Sydney Time

- Shannon Calvert, Lived Experience Professional
- Mitch Doyle, Lived Experience Expert
- Rod McClymont, MD
- Bronwen Eldridge, Mother
- Nicki Wilson - Moderator

END OF DAY CELEBRATION 18:50-19:00
Sydney Time

Wrap Up
• Gordon Brockway, Event MC

F.E.A.S.T.'s Future
• Daryl Madill, F.E.A.S.T. Board Chair

Magic Plate Award
• June Alexander, PhD

END OF NIGHT SOCIAL! 19:00-19:30
Sydney Time

WE'D LIKE TO THANK THOSE WHO MADE THIS EVENT POSSIBLE



MC: Gordon Brockway

Co-chairs: Nicki Wilson and Laura Collins Lyster-Mensh

Conference Slideshow: Kevin Dunn

Consultation and Support: Dawn Gannon & Scott Harlan

Event Management & Technology Support: Carlton W. Shutt & Ginger L. O'Brien, Kelley Smith, & Sarah Hundley from Premiere Hospitality

Equipment: Mark Mensh

Musical Playlist: Veronica Moncada O'Donnell

Program Design: Denise Robertson & Kym Piekunka

Scholarship Distribution: Suzanne Baker & Lisa Burns

Social Media: Cipatli Ayuzo, Frank Brockmann, Lisa Burns, Kym Piekunka, & Denise Robertson

Zoom Technology Lead: Adam Brockway

A SPECIAL THANK YOU

F.E.A.S.T. Board Chair Daryl Madill and our Executive Team: Lisa Burns, Judy Krasna, & Nicki Wilson for their support during the planning of FEAST of Knowledge

THANK YOU TO OUR PARTNERS

