



VIRTUAL CONFERENCE
PROGRAM

27 MARCH 2022

10AM EST - 4PM EST

10:00AM – 10:05AM

WELCOME REMARKS

10:05AM – 10:50AM

KEYNOTE SPEAKER DR. CYNTHIA BULIK

The Roles of Genes and Environment in Eating Disorders: Separating Hope From Hype

10:55AM – 11:35AM

LAURA COLLINS LYSTER-MENSH

Does Motivation Matter in Eating Disorder Recovery

11:40AM – 12:25PM

CONCURRENT SESSION 1

Dr. Sarah Ravin

A Circle of Safety: Preventing and Coping With Relapse

Judy Krasna and Judith Banker

When an Eating Disorder Becomes Enduring

Dr. Adele LeFrance

Emotion-Focused Family Therapy: Emotion Coaching for Meal Support

12:30PM – 1:15PM

CONCURRENT SESSION 2

Dr. Suzanne Dooley-Hash

Medical Management of Eating Disorders

Dr. Lucene Wisniewski

Crisis Survival Skills For Parents: Putting On Your Own Emotional Oxygen Mask Before Helping Your Child

Jessica Barker

The Running Battle: Essential Information about Including Exercise in Eating Disorder Recovery

1:25PM – 2:10PM

CONCURRENT SESSION 3

Kevin Dunn

Men of FEAST Quick Start Guide to Essential Caregiver Tools

Bridget Whitlow and Kym Piekunka

Sibling to Sibling Skills and Theme Workshop

Sibling Skills Workshop is for siblings only

Ephrat Lipton and Ellen Ewing

Managing Family Dynamics

2:15PM – 3:00PM

CONCURRENT SESSION 4

Emily Boring

When in Doubt, Aim Higher: Science, Personal Experience, and Target Weights

Dr. Lauren Mulheim and Shira Rosenbluth

Supporting Adults With Eating Disorders

Dr. Mark Warren and Dr. Anna Tanner

Closing the Gender Gap: Eating Disorders in Males

3:05PM – 3:45PM

KRISTINA SAFFRAN

How to Recover, For Good

3:50PM – 3:55PM

MAGIC PLATE AWARD

3:55PM

CLOSING REMARKS



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