



Families Empowered and Supporting Treatment for Eating Disorders

F.E.A.S.T. is an international organization of and for parents and caregivers of loved ones suffering with eating disorders. Our raison d'être is providing families with the critical tools and resources they need most to empower them as caregivers and advocates. Working with F.E.A.S.T, parents and caregivers gain skills to guide their loved ones through the maelstrom of an eating disorder. In doing so, we help improve outcomes.



At least 9%

of the **worldwide population** is affected by eating disorders.



Less than 6%

of people with eating disorders are medically diagnosed as **"underweight."**



28–74%

of risk for eating disorders is through **genetic heritability.**

F.E.A.S.T. is...

Support Education **Volunteers** Inclusive
Empowered **Global** community **Knowledge**

F.E.A.S.T. Services



Education

Webinars
FEAST of Knowledge Conference
Bites of Knowledge



Support Services

24/7 Online Support
Family Guides
Men of F.E.A.S.T.

At F.E.A.S.T, we believe in families, we believe in full recovery, we believe information is power, and we believe that good treatment saves lives.

We invite you to come and see what F.E.A.S.T. is all about!

We are here because we've been there. · www.feast-ed.org